SIKORSKY WEST

Monday - Friday | 5:30 am - 1:00 pm MARKETPLACE RETAIL OPEN TO 8.15 PM

WEEK OF OCTOBER 20

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 WEEKLY BREAKFAST FEATURES

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DREAKFAST SPECIALS	
MONDAY- Double Double, breakfast with 16.9 water or medium house coffee	7.05
TUESDAY- the Denver bagel egg, pepper & onions, ham, cheddar, chive cream cheese, on a bagel	7.65
WEDNESDAY- buttermilk pancakes, two slice of bacon and side home fries	7.65
THURSDAY -kickin' chicken breakfast wrap made your way	7.65
FRIDAY- loaded hashbrown with 16.9 water or medium house coffee	7.05

CAFE THOMPSON: NIGERIAN JOLLOF RICE WITH ROASTED CHICKEN

9.90

roasted chicken with jollof rice, collard greens, and sweet plantains with a 20oz bottled water or soda

HOT GRAZE: ITALIAN BUFFET

baked pasta, cheese tortellini, meatballs, eggplant parmesan, chicken parmesan, vegetable marinara sauce garlic bread and more

LITTLE LIME: BUILD YOUR OWN TACO OR BOWL

9 9 1/12 45

choice of ground beef, pollo asado, shrimp, pico de gallo, jalapenos, shredded lettuce, spicy black beans, rice, cheddar cheese, chipotle crème and salsa roja frita add churro +2.00 Add guacamole +2.50

HOT GRAZE: BBQ

Texas style shredded pork, baked chicken, au gratin potatoes, roasted brussels sprout, rice pilaf & more

REVOLUTION NOODLE: RAMEN NOODLE BOWL

served with fries, red cabbage and kale slaw, Add bacon +2.00

11.00/12.00

choice of chicken miso, spicy tan tan pork, shoyu mushroom (V) ramen noodle bowl

HOT GRAZE: WINGS & THINGS

.70oz

assorted chicken wings with sweet and tangy, buffalo, garlic parm & honey garlic sauce, beef patties or potato wedges, carrots, celery, blue cheese or ranch

ROOST 1996: SIGNATURE CRISPY OR NASHVILLE HOT CHICKEN SANDWICHES original crispy pickle brined chicken sandwich or crispy nashville hot pickle brined chicken sandwich

12.00

HOT GRAZE: ASIAN HOIUSE

bulgogi beef or general tso chicken, stir fried vegetable lo mein, fried or brown rice, egg rolls, & chicken dumplings & more

CHILI FEST: CHILI BAR

9.90

choice of cowboy beef & kidney bean chili or FIT smoky chipotle braised butternut squash and pinto bean chili (V) topped with crispy tortilla strips, sour cream, and scallions with cornbread and a 20oz water or

HOT GRAZE: CAJUN CHICKEN STEW WITH ORKRA AND ANDOUILLE SAUSAGE

.70oz

Cajun chicken stew with garlic mash potatoes, rice pilaf, roasted vegetables, gravy, dinner roll and more



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FLAME

MONDAY

CHICKEN TENDER BASKET

9.99

served with French fries and 16.9oz bottled water

THE BRUNCH BURGER ON BRIOCHE

11.50

Beef burger, brie cheese, candied bacon brunch sauce, fried egg, micro green on brioche roll

WEDNESDAY

CHICKEN QUESADILLA

10.50

Shredded chicken, cheese, on a flour tortilla with salsa and sour cream

THURSDAY

CH-53 KING STALLION

10.50

Two all beef patties, special sauce, lettuce cheese, pickles and onions...(you know the tune!)

FRIDAY

PHILLY TOTS

10.50

Crispy tator tots topped with philly steak, crumbled bacon caramelized onions cheese sauce, scallions

GRINDER SHOP

TUES - THURS

pork with onion & mushrooms all American sub bacon ranch spicy crispy chicken

PICCOLA ITALIA



GRAB 'N GO PIZZA

cheese (\$10.50), pepperoni & meat lovers (\$12)

SPECIALTY PIZZA

design your own pie, cooks in minutes! (\$12) baked dishes, calzones, grinders and salads prices vary

ON THE RUN OR JUST WANT TO CHILL?

16" PIZZA TO GO ... TREAT THE FAMILY AND YOUR WALLET TO A DELICIOUS, FAST AND EASY MEAL MADE SIMPLE, RIGHT HERE.

\$9 MEAL DEAL

pepperjack blt melt with baker's chips and 20oz bottled water or soda

SIKORSKY EAST

Monday - Friday | 5:30 am - 12:45 pm

WEEK OF OCTOBER 20

WEEKLY BREAKFAST FEATURES

BREAKFAST SPECIALS

THE DENVER BAGEL

7.65

egg patty, peppers and onions, black forest ham, cheddar cheese, chive cream cheese on a bagel

FIT BACON VEGGIE SCRAMBLE BOWL

scrambled eggs with spinach, tomatoes, onions, mushrooms, applewood bacon, and potatoes

\$7 MEAL DEAL

potato, egg, and cheese burrito (V) with tater tots and bottled juice

HOT GRAZE

.70oz

Italian buffet, baked pasta, cheese tortellini, meatball, eggplant, parmesan chicken parmesan, vegetable marinara sauce garlic bread and more

HOT GRAZE LITTLE LIME: BUILD YOUR OWN TACO OR BOWL

70nz

choice of ground beef ,pollo asado , shrimp, pico de gallo, jalapenos, shredded lettuce, spicy black beans, rice, cheddar cheese, chipotle crème and salsa roja frita

HOT GRAZE: WINGS & THINGS

.70

assorted chicken wings with sweet and tangy, buffalo, garlic parm & honey garlic sauce, beef patties or potato wedges, carrots, celery, blue cheese or ranch

HOT GRAZE:

.70oz

bulgogi beef or general tso chicken, stir fried vegetable lo mein, fried rice, steam brown rice, egg rolls, & chicken dumplings & more

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HOT GRAZE: CAJUN CHICKEN STEW WITH ORKRA AND ANDOUILLE SAUSAGE

.70

Cajun chicken stew with garlic mash potatoes, rice pilaf, roasted vegetables, gravy, dinner roll and more



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https://eurestcafes.compass-usa.com/Sikorsky

FLAME

AVAILABLE ALL WEEK

includes choice of side

PHILLY TOTS

Crispy tator tots topped with philly steak, crumbled bacon caramelized onions cheese sauce and scallions

CHICKEN QUESADILLA

Shredded chicken, cheese, on a flour tortilla with salsa and sour cream

CH-53 KING STALLION

10.50

Two all beef patties, special sauce, lettuce cheese, pickles and onions...(you know the tune!)

\$9 MEAL DEAL

pepperjack blt melt with baker's chips and 20oz bottled water or soda

GRINDER SHOP

deli favorites, specials hot & cold grinders .70oz

NOW FEATURING



NOW SERVING YOUR FAVORITES EVERYDAY!

HAND MADE 60Z HAMBURGER \$9.35 FRESH GRILLED CHICKEN SANDWICH \$8.80

ALL BEEF HOT DOG \$3.60 4oz BEEF BURGER \$4.40 CHICKEN TENDERS & FRIES BASKET \$8.50 SPICY CHICKEN SANDWICH \$6.35 BLT \$5,40

all items are customizable, add your own choice of toppings, cheese and more french fries, onion rings, potato wedges too!

SIKORSKY WEST 2ND SHIFT

Monday – Friday | 3:00pm to 8:15pm MARKETPLACE RETAIL OPEN TO 8.15 PM

WEEK OF OCTOBER 20

10N

HOT GRAZE

Italian buffet, baked pasta, cheese tortelli, meatball, eggplant, parmesan chicken parmesan , vegetable marinara sauce garlic bread and more

CAFE THOMPSON: NIGERIAN JOLLOF RICE WITH ROASTED CHICKEN

roasted chicken with jollof rice, collard greens, and sweet plantains and more

.70oz

.70oz

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HOT GRAZE

.70oz

Texas style shredded pork, baked chicken.au gratin potatoes, roasted brussels sprout, rice pilaf & more

IOT GRAZE .70oz

choice of **FIT** tex-mex zucchini & peppers (**V**), seasoned ground beef, or pork carnitas taco salad with lettuce, black beans, chipotle cinnamon roasted corn, cheese, black olives, jalapenos, tomatoes, salsa in a tortilla shell. Add quacamole

9

HOT GRAZE

.70oz

assorted chicken wings with sweet and tangy, buffalo, garlic parm & honey garlic sauce beef patties or potato wedges, mozzarella sticks and more

HOT GRAZE: SWEDISH MEATBALL

.70oz

Swedish meatball with pasta, garlic mash potatoes, roasted vegetables, gravy, dinner roll and more

HURS

HOT GRAZE:

.70oz

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bulgogi beef or general tso chicken, stir fried vegetable lo mein, fried rice, steam brown rice, egg rolls, & chicken dumplings & more

ROOST 1996: SIGNATURE CRISPY OR NASHVILLE HOT CHICKEN SANDWICHES

original crispy pickle brined chicken sandwich or crispy nashville hot pickle brined chicken sandwich served with fries, red cabbage and kale slaw and more

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HOT GRAZE:CAJUN CHICKEN STEW WITH ORKRA AND ANDOUILLE SAUSAGE

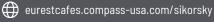
.70oz

Cajun chicken stew with garlic mash potatoes, rice pilaf, roasted vegetables, gravy, dinner roll and more

CHILI FEST: CHILI BAR .70oz

choice of cowboy beef & kidney bean chili or **FIT** smoky chipotle braised butternut squash and pinto bean chili (\mathbf{V}) topped with crispy tortilla strips, sour cream, and scallions with cornbread and more

CONNECT WITH US



FLAME

NOW SERVING YOUR FAVORITES EVERYDAY!

HAND MADE 60Z HAMBURGER \$9.35 FRESH GRILLED CHICKEN SANDWICH \$8.80

ALL BEEF HOT DOG \$3.60
4oz BEEF BURGER \$4.40
CHICKEN TENDERS & FRIES BASKET \$8.50
SPICY CHICKEN SANDWICH \$6.35
BLT \$5.40

all items are customizable, add your own choice of toppings, cheese and more french fries, onion rings, potato wedges too!

\$9 MEAL DEAL

pepperjack blt melt with baker's chips and 20oz bottled water or soda

personal pizzas

Made fresh 4- 6pm!

NOW FEATURING

PICCOLA ITALIA

GRAB 'N GO PIZZA

cheese (\$10.50), pepperoni & meat lovers (\$12)

SPECIALTY PIZZA

design your own pie, cooks in minutes! (\$12)



baked dishes, calzones grinders and salads prices vary

Most items available until 6pm

